

# Greater London Powerlifting Federation

## *Greater London - Divisional Open Session*

The Greater London Powerlifting Federation (“GLPF”) advertises a number of weekly sessions via its website [www.londonpowerlifting.org.uk](http://www.londonpowerlifting.org.uk), which are intended to act as access points for people entering the sport. Those interested in the sport may be directed to an appropriate session, to ensure that they receive the necessary guidance to progress.

### **Criteria for a Club to host an Open Session:**

#### **The Club**

- The Club must be registered with the Great Britain Powerlifting Federation (“GBPF”), and be in good standing with both the GBPF and the GLPF.
- The Club must have an open membership policy, and must not discriminate against any sector of the Community.
- The Club must have adequate insurance to host such a session, which should cover all members of staff involved.
- The Club must have a zero tolerance to drug use, and should uphold the strict stance on Anti-Doping held by the GBPF and the GLPF.
- The Club must have a Child Protection Policy, and take appropriate measures to ensure members under the age of 18 are safeguarded.
- The Club should be active within the GBPF and GLPF, and in their promotion of the sport under the GBPF and GLPF.
- The Club must be adequately equipped for members to train for powerlifting.

#### **The Session**

- The session must allow for open participation, though the session may have a minimum age limit of 14 (in line with the minimum competitive age).
- The session must be overseen by appropriately qualified staff.
- The session should take place on a weekly basis at a set time.
- The costs of the session must ensure the sport accessible to all members of the community.

Applicants must be prepared to be visited by the Greater London Development Manager. A visit may be scheduled on receipt of the application form.

## Application for a Club to host a Divisional Open Session

### Club Details

Club: .....

GBPF Registration Number: .....

Club Address: .....

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Club Contact Person: .....

Contact's GBPF membership number: .....

Club Contact Email: .....

Club Website: .....

Does the Club have a Child Protection Policy?      Yes / No

Does the Club have an Open membership policy?      Yes / No

Does the Club have adequate insurance in place?      Yes / No

Does the Club have a zero tolerance to drug-use?      Yes / No

Does the Club promote Powerlifting under the GBPF and the GLPF?      Yes / No

Is the Club involved in any Powerlifting activities outside of the GBPF or GLPF?      Yes / No

*If yes please give details* .....

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Has the Club been subject to disciplinary action by the GBPF?      Yes / No

*If yes please give details* .....

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Have any members of the Club been subject to disciplinary action by the GBPF?      Yes / No

*If yes please give details* .....

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**Proposed Open Session Details**

Is the session offered on a weekly basis? Yes / No

When does the session take place? .....

What are the costs (both upfront and running)? .....  
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Is the session open to under 18s? Yes / No

Are there any other restrictions on attendance? Yes / No

*If yes please give details* .....  
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Is the session supervised by coaches? Yes / No

**Coach Details**

[First Coach] Name: ..... GBPF Number: .....

Qualifications: .....  
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Does the Coach have an appropriate CRB check and child protection training? Yes / No

[Second Coach] Name: ..... GBPF Number: .....

Qualifications: .....  
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Does the Coach have an appropriate CRB check and child protection training? Yes / No

**Declaration**

I confirm that, to the best of my knowledge, all information given on this form is accurate. I confirm that I have permission to make this application on behalf of my Club.

Signed: ..... Date: .....

Print Name: ..... GBPF Number: .....

Position Held in the Club: .....